

Meeting Notes –April 10, 2024

<https://www.chapelhillcartoonmap.com/> Chapel Hill Cartoon Map

2024 Chapel Hill Leads Group Facebook page

https://www.facebook.com/groups/457102449950798/?multi_permaLinks=558743503120025%2C558742646453444%2C558741183120257%2C558740786453630¬if_id=1686097378137779¬if_t=group_activity&ref=notif

Calendar signups for MyLocalCFO and Pro Financial Fitness

https://calendly.com/cherelle_james/complimentary-consultation?month=2024-03

(Tell Cherelle [MyLocalCFO] that Mark sent you)

<https://calendly.com/MarkProkop/15min?month=2024-03> (Pro Financial Fitness)

<https://www.profinancialfitness.com> and <http://www.mylocalcfo.com>

Every month, a nonprofit partner in Charlotte and I (Pro Financial Fitness) host a free 1 hour Online Q&A for any US-based non-profit. In January, we're hosting the webinar on Thurs, April 18, 2023.

So, tell every nonprofit that you know that they can get on the zoom call from 2-3 p.m. EST for free and sharing your information about your business.

Pro Financial Fitness is looking for a financial sponsor for that hour. So contact me if your business or anyone else's business (nonprofit, etc.) would be interested in sponsoring that hour per month.

Thu, Apr 18

"GrantCraft: Unlocking Nonprofit Success"

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Unlocking grant researching

Hosted by Mark Prokop (Pro Financial Fitness) and [Libby Grier](#) (WYTV7 Community Broadcasters Network)

Libby Grier of WYTV7 Community Broadcasters Network AND Mark Prokop of Pro Financial Fitness will do a Q&A to answer your non-profit questions (for any US based nonprofit). Bring all your questions or we will bring questions and answers to you.

This meeting is for Non-Profits Only.

<https://www.wytv7.org/nonprofitconnection>

Email Pro Financial Fitness at mark@profinancialfitness.com

Other than referring potential clients to Pro Financial Fitness, here are 5 Ways to Support PFF

Here are 5 ways that you, local (or even nationwide) businesses, and the community can support Pro Financial Fitness

- buy a Pro Financial Fitness t-shirt – \$15 if I hand it to you in person or \$21 if I have to ship it to you. Or GO TO <https://lovelocaltriangle.itemorder.com/shop/product/35197998/>
- be a financial sponsor and get your businesses QR code on the back of the new Pro Financial Fitness cards. \$50.00
- be a financial sponsor of the monthly Non Profit Q&A webinars for any US-based nonprofit (2 webinars this month). \$75.00 per hour sponsorship.
- make a financial donation to your favorite NC nonprofit and inform them that your donation is restricted to paying for services from Pro Financial Fitness and
- be a speaker at the monthly Non Profit Q&A webinar (mentioned in #3 above) by providing some value (by your presentation) to nonprofits in NC and around the country.

In Chat –

Business Tip - Ask for Google Reviews

Business Networking - <https://rockstarconnect.com/>

Business Tip - Be Intentional When you go anywhere - Use food as a way to connect. Hand out business cards to those who you want their business cards.

Our speaker today was

Jackie Vogel – Emerald Healthcare (helps with Medicare) – 919 329 1377 jackie@emeraldmedicare.com

Rockstar Durham NC business networking event Details

Date: April 10

Time: 06:00 pm - 08:00 pm

Click to Register: <https://www.eventbrite.com/e/free-south-durham-rockstar-connect-networking-event-april-durham-nc-tickets-863190755787?aff=erelexpmlt>

Organizer Rockstar Connect

Website:<https://www.eventbrite.com/o/rockstar-connect-13455175508>

Rockstar Chapel Hill NC business networking event Details

Subject: Free Chapel Hill Rockstar Connect Networking Event (April)
Location: Trilogy Restaurant 201 S Estes Dr, Chapel Hill, NC 27514
Date: Tuesday, May 7, 2024
Time: 5:30 pm - 7:30 pm (US/Eastern)
From: Rockstar Connect

Click to Register: <https://www.eventbrite.com/e/free-chapel-hill-rockstar-connect-networking-event-may-tickets-876715558837>

Organizer Rockstar Connect

Website:<https://www.eventbrite.com/o/rockstar-connect-13455175508>

calendar signups for MyLocalCFO and Pro Financial Fitness

https://calendly.com/cherelle_james/complimentary-consultation?month=2024-04 (Tell Cherelle [MyLocalCFO] that Mark sent you)

<https://calendly.com/MarkProkop/15min?month=2024-04> (Pro Financial Fitness)

<http://www.profinancialfitness.com> and <http://www.mylocalcfo.com>

in relation to the nonprofit webinars, please contact me if you or others would be interested in sponsoring that hour per month. \$75 per hour sponsorship.

Pro Financial Fitness is also looking for businesses interested in getting their QR code on the back of PFF's new business cards. A \$50 sponsorship.

Pro Financial Fitness and MyLocalCFO . We take the worry out of your second, minute, hour, day, week, month, year, and lifetime.